

2023 Colworth 5 - 23rd June

Pos	Name	Category	Club	Time
1	Thomas Grimes	M35-44	East London Runners	00:28:16
2	Billy Fadden	MSenior	Bedford Harriers	00:29:01
3	Ian Halpin	M35-44	Amphill & Flitwick Flyers	00:29:22
4	Neil Shorten	M45-54	Riverside Runners	00:29:42
5	Matthew Studd	M35-44	Riverside Runners	00:29:51
6	Ryan Murphy	MSenior		00:30:38
7	Paul Lewis	M35-44	Higham Harriers	00:30:47
8	Tony Letts	M55-64	Northampton Road Runners	00:30:54
9	Matthew Peleszok	M35-44	Wellingborough & District AC	00:31:00
10	Clare Rodseth	FSenior	Bedford Harriers	00:31:03
11	Edward Schofield	MSenior		00:31:17
12	Rachel Doherty	FSenior	Higham Harriers	00:31:24
13	Ben Schofield	MSenior	Bedford Harriers	00:31:40
14	Adam Harris	MSenior	Riverside Runners	00:31:42
15	James Nichols	M35-44	East London Runners	00:32:00
16	Terry Stanley	M35-44	Amphill & Flitwick Flyers	00:32:23
17	Greg Macdonald	M45-54	Wellingborough & District AC	00:32:27
18	Vittorio Paci	M45-54	Bedford Harriers	00:32:28
19	Steven Church	M45-54	Huntingdonshire Ac	00:32:46
20	Simon Harper	M45-54	Bedford & County Ac	00:32:48
21	Katie Godof	F45-54	Olney Runners AC	00:32:50
22	Piers Serjeant	M45-54	Riverside Runners	00:33:03
23	Francesca Molossi-Murphy	FSenior	Wellingborough & District AC	00:33:12
24	Kirstie Sharman	F45-54	Higham Harriers	00:33:43
25	Keiran Bunker	MSenior	Higham Harriers	00:33:47
26	Adam Hill	MSenior		00:33:49
27	Jon Kemp	M45-54	Wellingborough & District AC	00:33:55
28	Russell Jones	M45-54	Higham Harriers	00:34:00
29	Gemma Hoddle	F35-44	Higham Harriers	00:34:07
30	David Sharman	M45-54	Higham Harriers	00:34:12
31	Jo Windrum	F35-44	Rugby and Northampton AC	00:34:24
32	Kevin Willett	M55-64	Bedford Harriers	00:34:25
33	Dan Doherty	M45-54	Higham Harriers	00:34:27
34	Joe Johnson	M45-54	Birkenhead Athletic Club	00:34:31
35	Rob Mead	MSenior		00:34:43
36	Phillip Cleverley	M35-44	Higham Harriers	00:35:09
37	Ilir Brecani	M45-54	Northampton Road Runners	00:35:17
38	Hayley Bond	F45-54	Riverside Runners	00:35:22
39	Stuart Knight	MSenior	Bedford Harriers	00:35:25
40	Lynne Nicholls	F45-54	Northampton Road Runners	00:35:28
41	Roy Wildman	M55-64		00:35:38
42	Chris Conway	M45-54	Wellingborough & District AC	00:35:42
43	Mantas Vilimas	M35-44	Higham Harriers	00:35:54
44	Alastair Fadden	M55-64	Bedford Harriers	00:35:59
45	Peter Fadden	MSenior	Bedford Harriers	00:36:10
46	Oliver Jones	M45-54	Bedford Harriers	00:36:17
47	Philip Mead	M35-44	Amphill & Flitwick Flyers	00:36:29
48	Chris Brown	M35-44	Wellingborough & District AC	00:36:32
49	Sally Knight	FSenior	Bedford Harriers	00:36:33
50	Lisa Wells	F55-64	Amphill & Flitwick Flyers	00:36:35
51	Tony Tsang	M45-54	FETCH EVERYONE	00:36:36
52	Jamie Horsman	M45-54	Wellingborough & District AC	00:36:43
53	Stuart Trevallion	M55-64	Colworth Striders	00:36:50
54	Neil Lovesey	M65-74	Bedford Harriers	00:36:59
55	Alice Tellett	F35-44		00:37:06

56	Chris Hoare	M35-44	Bedford Harriers	00:37:07
57	Gary McKeaveney	M35-44	Bedford Harriers	00:37:19
58	Jacob Stevens	M45-54	East London Runners	00:37:24
59	Jay Willett	MSenior		00:37:25
60	Jonathan Langford	M55-64		00:37:28
61	Gavin Hancock	M45-54		00:37:28
62	Mark Finn	M45-54	Bedford Harriers	00:37:31
63	Steve Childerley	M45-54	Riverside Runners	00:37:32
64	Heidi Langley	F35-44	Team Balancise	00:37:48
65	Marianne Williamson	F45-54	Bedford Harriers	00:37:50
66	Gavin Elliott	M45-54	Matlock Athletic Club	00:38:08
67	Carly Keens	FSenior	Amphill & Flitwick Flyers	00:38:13
68	Mark Garrett	M55-64	Northampton Road Runners	00:38:16
69	Jonathan Nicholls	M45-54	Higham Harriers	00:38:20
70	Niki Hales	M45-54	Team Balancise	00:38:21
71	Richard Evans	MSenior	Bedford Harriers	00:38:28
72	Ben Rowse	MSenior		00:38:29
73	Louise Kemp	F45-54	Wellingborough & District AC	00:38:33
74	Nora Haggart	F65-74	Bedford Harriers	00:38:36
75	Gavin Harris	M35-44	Rugby and Northampton AC	00:38:43
76	Jerry Pullinger	M65-74	Bedford Harriers	00:38:48
77	Ian Ballard	M55-64	Amphill & Flitwick Flyers	00:38:51
78	Daniel Breydin	M35-44		00:39:01
79	Damiano Rossetti	M55-64	Colworth Striders	00:39:09
80	Philip Hadley	M45-54	Colworth Striders	00:39:19
81	Bill Shingleton	M45-54	Colworth Striders	00:39:27
82	Stephen Farrow	M45-54	Amphill & Flitwick Flyers	00:39:30
83	Jane Swinburne	F55-64	Amphill & Flitwick Flyers	00:39:35
84	Kyrstin Fairweather	F45-54	Amphill & Flitwick Flyers	00:39:37
85	Bob Wells	M75+	Bedford Harriers	00:39:40
86	Mark Billington	M55-64	Amphill & Flitwick Flyers	00:39:40
87	Warwick Browning	M65-74	Amphill & Flitwick Flyers	00:39:41
88	Michael Martin	M55-64	Bedford Run Club	00:39:45
89	Richard Nicholls	M55-64		00:39:47
90	Caroline Frith	F45-54	East London Runners	00:39:48
91	Darrel Holt	M45-54		00:40:10
92	Nick Atkins	M35-44		00:40:12
93	H Hadziabic	M45-54	Sunlight Runners	00:40:18
94	Luke Heeney	M45-54		00:40:26
95	Edwin Armstrong	M45-54	Bedford Run Club	00:40:30
96	Alejandro Amezcuita	M45-54	Colworth Striders	00:40:35
97	Darren Baldwin	M55-64	Northampton Road Runners	00:40:36
98	Maurice Hemingway	M65-74	Riverside Runners	00:40:40
99	Laura Steed	FSenior	Riverside Runners	00:40:54
100	Katherine Hesketh	F35-44	Riverside Runners	00:40:58
101	Ian Corby	M65-74		00:41:05
102	Philip Middleton	M55-64	Team Balancise	00:41:09
103	Stella Peace	F45-54		00:41:17
104	Damian Ince	M45-54		00:41:20
105	Philip Bond	M45-54	Riverside Runners	00:41:24
106	David Johnson	M45-54	Riverside Runners	00:41:25
107	John O'brien	M55-64	East London Runners	00:41:28
108	Lee Radley	M45-54	Riverside Runners	00:41:29
109	Simeï Snyman	FSenior		00:41:35
110	Liam Ratcliffe	M35-44	Colworth Striders	00:41:36
111	Michael Parks	M55-64	Bedford Harriers	00:41:51
112	Michael Wilson	M55-64	East London Runners	00:41:54
113	Richard Ogborne	M45-54	Higham Harriers	00:41:57
114	Pete Cowler	M45-54	Wellingborough & District AC	00:42:08

115	Sarah Hollis	FSenior	Wellingborough & District AC	00:42:09
116	Tim Ellwood	M55-64		00:42:11
117	Martin Newton	M45-54	Wellingborough & District AC	00:42:13
118	Sarah Ellwood	F45-54		00:42:13
119	Claire Rulton	F45-54	Bedford Harriers	00:42:18
120	Wendy Ambrose	F55-64		00:42:21
121	Adrian Reast	M45-54	Team Balancise	00:42:27
122	Autumn Lynch	F55-64	Ampthill & Flitwick Flyers	00:42:35
123	K Jones	MSenior		00:42:37
124	Alan Mutch	M55-64	Desborough And Rothwell Running Club	00:42:38
125	Ian Mcneill	M65-74	Birkenhead Athletic Club	00:42:48
126	Stuart Snelson	M45-54	Bedford Harriers	00:42:51
127	Kris Gordon	M45-54		00:42:54
128	Simon Green	MSenior	Riverside Runners	00:42:57
129	Jason Hymus	M45-54	Ampthill & Flitwick Flyers	00:42:58
130	Richard Jones	M55-64	Ampthill & Flitwick Flyers	00:42:58
131	Maddie Piron	FSenior		00:43:07
132	Jerry Piron	M55-64	Bishop's Stortford Running Club	00:43:08
133	Gary Barnes	M55-64	Riverside Runners	00:43:09
134	Samantha Byers	F35-44	Riverside Runners	00:43:09
135	Anthony Bowden	M45-54	Colworth Striders	00:43:13
136	Michelle Leach	F45-54		00:43:14
137	Lyndon Bird	M35-44	Northampton Road Runners	00:43:26
138	Richard Piron	M65-74	Bedford Harriers	00:43:43
139	Steve Prior	M55-64	Northampton Road Runners	00:43:47
140	Christopher Collett	M35-44		00:43:50
141	Sally Ward	F45-54	Team Balancise	00:43:56
142	Paul Crook	M45-54	Team Balancise	00:43:57
143	Divindra Bains	F55-64	Bedford & County Ac	00:44:01
144	George Georgiou	M45-54	East London Runners	00:44:03
145	Martin Stansfield	M65-74	Oundle Chatter Runners	00:44:07
146	Christine Irvine	F35-44		00:44:11
147	Tony Jones	M55-64	Bedford Harriers	00:44:16
148	Charlotte Dow	F35-44	Bedford Run Club	00:44:21
149	Kirsty Jones	F35-44	Bedford Harriers	00:44:45
150	Mark Tinkler	M65-74	Bedford Harriers	00:44:52
151	Caroline Sayer	F45-54	Riverside Runners	00:45:04
152	Joanna Makowska	F35-44	Riverside Runners	00:45:14
153	Carole Lambert	F45-54		00:45:19
154	Fiona Critchley	F55-64	East London Runners	00:45:22
155	Christopher Allan	MSenior	Colworth Striders	00:45:26
156	Elaine Palmer	F55-64	Northampton Road Runners	00:45:32
157	Kristina Loza	FSenior		00:45:54
158	Denise Browning	F55-64	Ampthill & Flitwick Flyers	00:46:03
159	Luke Hadley	MSenior		00:46:06
160	Paul Russell	M45-54	Colworth Striders	00:46:06
161	Amy Little	F35-44	Colworth Striders	00:46:40
162	Jo Lockhart	F45-54	Bungay Black Dog Running Club	00:46:40
163	Paul Walding	M55-64		00:46:54
164	Lynda Rowse	F55-64	Diamond Runners	00:47:00
165	Neil Glover	M65-74	Northampton Ac	00:47:18
166	Stuart Bullard	M45-54	Bedford Harriers	00:47:28
167	Chris Fadden	M55-64	Bedford Harriers	00:47:32
168	Chris Beard	M45-54	100 Marathon Club	00:47:35
169	Mark Furneaux	M45-54		00:47:40
170	Eva Kovacs	F45-54	Bedford Harriers	00:47:50
171	Angela Stango	F35-44	Bedford Harriers	00:47:53
172	Roxane Moussy	F35-44		00:48:04
173	Ian Kingstone	M55-64	Bedford Harriers	00:48:05

174	Alison Ogborne	F45-54		00:48:07
175	P Hadziabic	F55-64	Sunlight Runners	00:48:09
176	Nicola Mansfield	F35-44	Riverside Runners	00:48:13
177	Helen Whiting	F35-44	Bedford Harriers	00:48:18
178	Mary Pearson	F35-44	Wellingborough & District AC	00:48:26
179	Suzanne Baldwin	F55-64	Northampton Road Runners	00:48:29
180	Colin Clennett	M55-64	Amphill & Flitwick Flyers	00:48:31
181	William Jeffery	MSenior		00:48:31
182	Elin Barrett	FSenior	Bedford Harriers	00:48:39
183	Catherine Hemingway	FSenior	Riverside Runners	00:48:49
184	Alexandra Rutishauser-Perera	F45-54	East London Runners	00:49:26
185	Steve Crane	M65-74	Bedford Harriers	00:49:33
186	Gary Mycock	M55-64	Team Balancise	00:49:43
187	Victoria Charlesworth	F45-54	East London Runners	00:50:09
188	Gary Denton	M55-64	Bedford Harriers	00:50:22
189	Kevin Machin	M55-64	Cairngorm Runners	00:50:23
190	Claire Lathall	F35-44	Diamond Runners	00:50:36
191	Niki Serjeant	F55-64	Riverside Runners	00:50:45
192	Kirsty Tuvey	F35-44	Team Balancise	00:50:53
193	Stuart Barton	M45-54	East London Runners	00:50:57
194	Richard Gallivan	M65-74	Bedford Harriers	00:50:57
195	Tina Brayford	F55-64	Team Balancise	00:51:04
196	Lorraine Sassano	F55-64	Team Balancise	00:51:05
197	Rachael Smith	FSenior	Northampton Road Runners	00:51:32
198	Sarah Rowse	FSenior		00:51:33
199	Sue Pyecroft	F45-54	Bedford Harriers	00:51:36
200	Michael Palmer	M55-64		00:51:37
201	David Stanley	M65-74	Amphill & Flitwick Flyers	00:51:52
202	Beckie Gilbert	F45-54	Riverside Runners	00:52:08
203	Della Hyliands	F55-64	Diamond Runners	00:52:13
204	Chris Goodsall	M45-54		00:52:45
205	Tina Pass	F35-44	Valley Hill Runners	00:52:46
206	Judith Mallon	F55-64	Valley Hill Runners	00:52:46
207	Debra Tame	F55-64	Northampton Road Runners	00:52:49
208	Ian Mann	M55-64	Wellingborough & District AC	00:52:50
209	Rebecca Mutlow	F35-44	Riverside Runners	00:52:54
210	Violeta Farrell	F45-54	Riverside Runners	00:52:54
211	Julie Loader	F55-64	Colworth Striders	00:52:59
212	Phillip Stabler	M45-54		00:53:02
213	Nicola Furmanski	F35-44		00:53:07
214	Louise Millar	F45-54		00:53:12
215	Clare Hadley	F45-54		00:53:17
216	Elaine Fullard	F55-64	Bedford Harriers	00:53:18
217	Andrew Kemp	M45-54	Colworth Striders	00:53:26
218	Melanie Joy	F35-44	Bedford Harriers	00:53:37
219	Claire Jones	F55-64	Amphill & Flitwick Flyers	00:53:37
220	Theresa Clark	F55-64	Diamond Runners	00:53:54
221	Holly Parnell	F35-44		00:53:59
222	Sharon Walding	F45-54		00:54:22
223	Gail Ingram	F35-44	Olney Runners AC	00:54:27
224	Kirstie Faust	F45-54	Fleckney & Kibworth Running Club	00:54:33
225	Karen Eke	F55-64	Northampton Road Runners	00:54:57
226	Jacqueline Armstrong	F55-64	Bedford Harriers	00:55:07
227	Rosalyn Payne	F35-44	Diamond Runners	00:55:07
228	Olivia Sneddon	FSenior		00:55:12
229	Diana Rexhepaj	F45-54	East London Runners	00:55:15
230	Jeanette Cheetham	F55-64	Bedford Harriers	00:55:17
231	Sue Summers	F55-64	Northampton Road Runners	00:55:43
232	Carole Darnell	F55-64	Bedford Harriers	00:56:08

233	Rebecca Fleckney	F35-44	Amphill & Flitwick Flyers	00:56:27
234	Joanna Letts	F45-54	Northampton Road Runners	00:56:44
235	Kate Webbley	F35-44	Running Buddies	00:56:46
236	Ann Miller	F45-54	Team Balancise	00:56:50
237	Victoria Reavey`	F35-44	Team Balancise	00:56:51
238	Martine Moon	F65-74	Bedford Harriers	00:57:05
239	Ian Sturdgess	M55-64	Diamond Runners	00:57:10
240	Peter Campbell	M35-44		00:57:48
241	Helen Blackburn	F55-64	Northampton Road Runners	00:57:48
242	Nick Long	M45-54		00:58:11
243	Barbara Reading	F75+	Riverside Runners	00:58:16
244	Helen Knight	F45-54	Olney Runners AC	00:58:23
245	Elizabeth King	F45-54	Bedford Run Club	00:58:31
246	Georgios Tetradis-Mairis	M45-54		00:58:36
247	Lorraine Fussey	F55-64	Istanbul Expat Runners	00:58:41
248	Helen Etherington	F35-44	Wellingborough & District AC	00:59:10
249	Caitriona Donnellan	F35-44		00:59:10
250	Liz Conibere	F65-74	Olney Runners AC	00:59:50
251	Smith Elaine	F45-54	Team Balancise	01:00:38
252	Bryony Trafford -Smith	F55-64	Diamond Runners	01:00:56
253	Sally Garrett	F55-64	Northampton Road Runners	01:02:26
254	Vanessa Lipski	F55-64	Bedford Harriers	01:06:37
255	Carolanne Gibson	F55-64	Bedford Harriers	01:06:54
256	Jane Poole	F45-54	Bedford Harriers	01:06:56
257	Helder Silva	M35-44		01:07:41
258	Diana Silva	F35-44		01:07:43
259	Jo Talbot	F45-54	Running Buddies	01:08:38
260	Jamie Talbot	FSenior		01:08:39
261	Nicky Fisher	F45-54	Running Buddies	01:08:42
262	Antonio De Simone	M35-44		01:20:35
263	Andy Hoddle	M55-64	100 Marathon Club	01:20:36

2023 Colworth 5 - Award Winners

Individual		
MEN - OPEN 1st	Thomas Grimes	00:28:16
MEN - OPEN 2nd	Billy Fadden	00:29:01
MEN - OPEN 3rd	Ian Halpin	00:29:22
MEN - 35-44	Matthew Studd	00:29:51
MEN - 45-54	Neil Shorten	00:29:42
MEN - 55-64	Tony Letts	00:30:54
MEN - 65-74	Neil Lovesey	00:36:59
MEN - 75+	Bob Wells	00:39:40
WOMEN - OPEN 1st	Clare Rodseth	00:31:03
WOMEN - OPEN 2nd	Rachel Doherty	00:31:24
WOMEN - OPEN 3rd	Katie Godof	00:32:50
WOMEN - 35-44	Gemma Hoddle	00:34:07
WOMEN - 45-54	Kirstie Sharman	00:33:43
WOMEN - 55-64	Lisa Wells	00:36:35
WOMEN - 65-74	Nora Haggart	00:38:36
WOMEN - 75+	Barbara Reading	00:58:16
COLWORTH MAN	Billy Fadden	00:29:01
COLWORTH WOMAN	Clare Rodseth	00:31:03

Female Teams				
Pos	Team	Name	Position	Score
1	Higham Harriers	Rachel Doherty	12	65
		Kirstie Sharman	24	
		Gemma Hoddle	29	
2	Bedford Harriers	Clare Rodseth	10	124
		Sally Knight	49	
		Marianne Williamson	65	
3	Amphill & Flitwick Flyers	Lisa Wells	50	200
		Carly Keens	67	
		Jane Swinburne	83	
4	Wellingborough & District AC	Francesca Molossi-Murphy	23	211
		Louise Kemp	73	
		Sarah Hollis	115	
5	Riverside Runners	Hayley Bond	38	237
		Laura Steed	99	
		Katherine Hesketh	100	
6	Northampton Road Runners	Lynne Nicholls	40	375
		Elaine Palmer	156	
		Suzanne Baldwin	179	
7	Team Balancise	Heidi Langley	64	397
		Sally Ward	141	
		Kirsty Tuvey	192	
8	East London Runners	Caroline Frith	90	428
		Fiona Critchley	154	
		Alexandra Rutishauser-Perera	184	
9	Olney Runners AC	Katie Godof	21	488
		Gail Ingram	223	
		Helen Knight	244	
10	Diamond Runners	Lynda Rowse	164	557
		Claire Lathall	190	
		Della Hyliands	203	
11	Running Buddies	Kate Webbley	235	755
		Jo Talbot	259	
		Nicky Fisher	261	

Male Teams				
Pos	Team	Name	Position	Score
1	Riverside Runners	Neil Shorten	4	23
		Matthew Studd	5	
		Adam Harris	14	
2	Bedford Harriers	Billy Fadden	2	33
		Ben Schofield	13	
		Vittorio Paci	18	
3	Wellingborough & District AC	Matthew Peleszok	9	53
		Greg Macdonald	17	
		Jon Kemp	27	
4	Higham Harriers	Paul Lewis	7	60
		Keiran Bunker	25	
		Russell Jones	28	
5	Amphill & Flitwick Flyers	Ian Halpin	3	66
		Terry Stanley	16	
		Philip Mead	47	
6	East London Runners	Thomas Grimes	1	74
		James Nichols	15	
		Jacob Stevens	58	
7	Northampton Road Runners	Tony Letts	8	113
		Illir Breani	37	
		Mark Garrett	68	
8	Colworth Striders	Stuart Trevallion	53	212
		Damiano Rossetti	79	
		Philip Hadley	80	
9	Team Balancise	Niki Hales	70	293
		Philip Middleton	102	
		Adrian Reast	121	

2023 Colworth Trail Race - 24th June

Pos	Name	Category	Club	Time
1	Thomas Grimes	M35-44	East London Runners	00:51:52
2	Neil Shorten	M45-54	Riverside Runners	00:52:35
3	Tony Letts	M55-64	Northampton Road Runners	00:53:25
4	Clare Rodseth	FSenior	Bedford Harriers	00:53:40
5	Ryan Murphy	MSenior		00:53:44
6	Rachel Doherty	FSenior	Higham Harriers	00:55:19
7	Matthew Studd	M35-44	Riverside Runners	00:55:46
8	Greg Macdonald	M45-54	Wellingborough & District AC	00:56:16
9	Ben Schofield	MSenior	Bedford Harriers	00:56:25
10	Katie Godof	F45-54	Olney Runners AC	00:56:48
11	Adam Harris	MSenior	Riverside Runners	00:56:59
12	Jon Kemp	M45-54	Wellingborough & District AC	00:57:26
13	Vittorio Paci	M45-54	Bedford Harriers	00:57:43
14	Piers Serjeant	M45-54	Riverside Runners	00:58:07
15	Steven Church	M45-54	Huntingdonshire Ac	00:58:37
16	James Nichols	M35-44	East London Runners	00:59:05
17	Billy Fadden	MSenior	Bedford Harriers	01:01:32
18	Russell Jones	M45-54	Higham Harriers	01:01:52
19	Joe Johnson	M45-54	Birkenhead Athletic Club	01:02:00
20	Hayley Bond	F45-54	Riverside Runners	01:02:02
21	Roy Wildman	M55-64		01:02:31
22	Daniel Breydin	M35-44		01:03:41
23	Nigel Jeff	M55-64		01:04:12
24	Jo Windrum	F35-44	Rugby and Northampton AC	01:04:31
25	Chris Conway	M45-54	Wellingborough & District AC	01:04:54
26	Dan Doherty	M45-54	Higham Harriers	01:05:05
27	Brock Holcombe	MSenior		01:05:55
28	Gary Barnes	M55-64	Riverside Runners	01:06:26
29	Alice Tellett	F35-44		01:06:29
30	David Sheffield	M35-44	Colworth Striders	01:06:33
31	Jesse Shearn	M55-64	Colworth Striders	01:06:45
32	Jesse Shearn	M55-64	Colworth Striders	01:06:45
33	Adam Hill	MSenior		01:06:50
34	Jonathan Langford	M55-64		01:07:09
35	Mantas Vilimas	M35-44	Higham Harriers	01:07:45
36	Marianne Williamson	F45-54	Bedford Harriers	01:07:52
37	Jerry Pullinger	M65-74	Bedford Harriers	01:07:55
38	Bob Wells	M75+	Bedford Harriers	01:08:21
39	Caroline Frith	F45-54	East London Runners	01:08:40
40	Jacob Stevens	M45-54	East London Runners	01:08:55
41	Stuart Trevallion	M55-64	Colworth Striders	01:08:59
42	Gavin Harris	M35-44	Rugby and Northampton AC	01:09:34
43	Mark Garrett	M55-64	Northampton Road Runners	01:09:47
44	Philip Hadley	M45-54	Colworth Striders	01:09:54
45	Louise Kemp	F45-54	Wellingborough & District AC	01:09:59
46	Damiano Rossetti	M55-64	Colworth Striders	01:10:29
47	Gavin Elliott	M45-54	Matlock Athletic Club	01:11:02
48	Tony Tsang	M45-54	Fetch Everyone	01:11:16
49	Oliver Jones	M45-54	Bedford Harriers	01:12:36
50	Maurice Hemingway	M65-74	Riverside Runners	01:13:30
51	Martin Newton	M45-54	Wellingborough & District AC	01:13:31
52	H Hadziabic	M45-54	Sunlight Runners	01:13:41
53	Michael Parks	M55-64	Bedford Harriers	01:13:51
54	Paul Newell	M55-64	Nicetri Club St Neots	01:14:09
55	Michael Martin	M55-64	Bedford Run Club	01:14:16

56	Simeï Snyman	FSenior		01:15:00
57	Nick Atkins	M35-44		01:15:30
58	Richard Jones	M55-64	Amphill & Flitwick Flyers	01:15:50
59	Bill Shingleton	M45-54	Colworth Striders	01:15:54
60	Darren Baldwin	M55-64	Northampton Road Runners	01:16:05
61	Steve Prior	M55-64	Northampton Road Runners	01:16:56
62	Alastair Fadden	M55-64	Bedford Harriers	01:17:34
63	Sarah Ellwood	F45-54		01:17:44
64	K Jones	MSenior		01:18:20
65	Mark Tinkler	M65-74	Bedford Harriers	01:18:21
66	Divindra Bains	F55-64	Bedford & County Ac	01:19:04
67	Alan Mutch	M55-64	Desborough And Rothwell Running Club	01:19:17
68	Lee Garratt	M35-44		01:19:19
69	Luke Hadley	MSenior		01:19:41
70	Christopher Collett	M35-44		01:19:55
71	Richard Ogborne	M45-54	Higham Harriers	01:19:57
72	Kris Gordon	M45-54		01:20:33
73	John O'brien	M55-64	East London Runners	01:20:40
74	Ian Mcneill	M65-74	Birkenhead Athletic Club	01:20:51
75	Christine Irvine	F35-44		01:20:52
76	Tony Jones	M55-64	Bedford Harriers	01:21:08
77	Duncan Talbot	M55-64	Colworth Striders	01:21:13
78	Rosemary East	F55-64		01:21:21
79	Kirsty Jones	F35-44	Bedford Harriers	01:21:31
80	Catriona Hoult	F45-54	East London Runners	01:21:48
81	Lee Radley	M45-54	Riverside Runners	01:22:33
82	Martin Stansfield	M65-74	Oundle Chatter Runners	01:22:49
83	Michael Wilson	M55-64	East London Runners	01:23:06
84	Chris Beard	M45-54	100 Marathon Club	01:23:10
85	Eva Kovacs	F45-54	Bedford Harriers	01:23:38
86	Carole Lambert	F45-54		01:23:42
87	Fiona Critchley	F55-64	East London Runners	01:24:05
88	Elaine Palmer	F55-64	Northampton Road Runners	01:24:11
89	Amanda Friman	F65-74	Bedford Harriers	01:24:13
90	Warwick Browning	M65-74	Amphill & Flitwick Flyers	01:24:55
91	Denise Browning	F55-64	Amphill & Flitwick Flyers	01:25:05
92	Niki Serjeant	F55-64	Riverside Runners	01:25:22
93	George Georgiou	M45-54	East London Runners	01:26:07
94	P Hadziabic	F55-64	Sunlight Runners	01:29:31
95	Steve Crane	M65-74	Bedford Harriers	01:29:42
96	Lynette Hutchings	FSenior	Riverside Runners	01:29:42
97	Simon Green	MSenior	Riverside Runners	01:29:44
98	Wendy Ambrose	F55-64		01:29:47
99	Lil Merricks	F35-44	Running Buddies	01:30:02
100	Stuart Bullard	M45-54	Bedford Harriers	01:30:59
101	Lynda Rowse	F55-64	Diamond Runners	01:32:09
102	Suzanne Baldwin	F55-64	Northampton Road Runners	01:32:10
103	Sarah Rowse	FSenior		01:32:10
104	Ian Kingstone	M55-64	Bedford Harriers	01:33:08
105	Emma Dixon-Kelly	F45-54	Diamond Runners	01:33:09
106	Samantha Byers	F35-44	Riverside Runners	01:33:12
107	Claire Lathall	F35-44	Diamond Runners	01:33:18
108	Lesley Carroll	F55-64	Nicetri Club St Neots	01:33:23
109	Melanie Joy	F35-44	Bedford Harriers	01:33:29
110	Richard Gallivan	M65-74	Bedford Harriers	01:34:01
111	Alexandra Rutishauser-Perera	F45-54	East London Runners	01:34:14
112	Ian Mann	M55-64	Wellingborough & District AC	01:34:27
113	Dom Coleman	MSenior	Wellingborough & District AC	01:34:28
114	Angela Stango	F35-44	Bedford Harriers	01:34:29

115	Elaine Fullard	F55-64	Bedford Harriers	01:34:38
116	Gary Mycock	M55-64	Team Balancise	01:35:13
117	Rebecca Mutlow	F35-44	Riverside Runners	01:35:43
118	Gary Denton	M55-64	Bedford Harriers	01:35:48
119	Andrew Kemp	M45-54	Colworth Striders	01:36:23
120	Victoria Charlesworth	F45-54	East London Runners	01:37:25
121	Elizabeth King	F45-54	Bedford Run Club	01:37:30
122	Josey Garratt	F35-44	Running Buddies	01:37:57
123	Claire Jones	F55-64	Amphill & Flitwick Flyers	01:38:27
124	Vanessa Lipski	F55-64	Bedford Harriers	01:40:07
125	Clare Hadley	F45-54		01:41:20
126	Julie Loader	F55-64	Colworth Striders	01:41:20
127	Louise Millar	F45-54		01:41:21
128	Sharon Walding	F45-54		01:41:21
129	Diana Rexhepaj	F45-54	East London Runners	01:41:56
130	Catherine Hemingway	FSenior	Riverside Runners	01:42:06
131	Theresa Clark	F55-64	Diamond Runners	01:43:33
132	Lorraine Fussey	F55-64	Istanbul Expat Runners	01:43:58
133	Barbara Reading	F75+	Riverside Runners	01:45:17
134	Stuart Barton	M45-54	East London Runners	01:45:37
135	Sally Ward	F45-54	Team Balancise	01:46:22
136	Tina Brayford	F55-64	Team Balancise	01:46:23
137	Kevin Machin	M55-64	Cairngorm Runners	01:46:39
138	Tina Pass	F35-44	Valley Hill Runners	01:47:50
139	Judith Mallon	F55-64	Valley Hill Runners	01:47:50
140	Peter Campbell	M35-44		01:52:08
141	Sonia Cheadle	F45-54	East London Runners	01:52:42
142	Sally Garrett	F55-64	Northampton Road Runners	01:54:27
143	Louise Lockwood	F45-54	Desborough And Rothwell Running Club	01:54:36
144	Kirstie Faust	F45-54	Fleckney & Kibworth Running Club	01:54:49
145	Andy Hoddle	M55-64	100 Marathon Club	02:00:48

2023 Colworth Trail Race - Award Winners

Individual		
MEN - OPEN 1st	Thomas Grimes	00:51:52
MEN - OPEN 2nd	Neil Shorten	00:52:35
MEN - OPEN 3rd	Tony Letts	00:53:25
MEN - 35-44	Matthew Studd	00:55:46
MEN - 45-54	Greg Macdonald	00:56:16
MEN - 55-64	Roy Wildman	01:02:31
MEN - 65-74	Jerry Pullinger	01:07:55
MEN - 75+	Bob Wells	01:08:21
WOMEN - OPEN 1st	Clare Rodseth	00:53:40
WOMEN - OPEN 2nd	Rachel Doherty	00:55:19
WOMEN - OPEN 3rd	Katie Godof	00:56:48
WOMEN - 35-44	Jo Windrum	01:04:31
WOMEN - 45-54	Hayley Bond	01:02:02
WOMEN - 55-64	Divindra Bains	01:19:04
WOMEN - 65-74	Amanda Friman	01:24:13
WOMEN - 75+	Barbara Reading	01:45:17

2023 Colworth Half Marathon - 25th June

Pos	Name	Category	Club	Time
1	Thomas Grimes	M35-44	East London Runners	01:28:55
2	Neil Shorten	M45-54	Riverside Runners	01:30:51
3	Ryan Murphy	MSenior		01:31:01
4	Tony Letts	M55-64	Northampton Road Runners	01:31:56
5	Rachel Doherty	FSenior	Higham Harriers	01:34:23
6	Ben Schofield	MSenior	Bedford Harriers	01:36:38
7	Adam Harris	MSenior	Riverside Runners	01:37:31
8	Jon Kemp	M45-54	Wellingborough & District AC	01:38:30
9	Greg Macdonald	M45-54	Wellingborough & District AC	01:38:49
10	Paul Huckle	M35-44		01:39:05
11	Matthew Studd	M35-44	Riverside Runners	01:40:00
12	Katie Godof	F45-54	Olney Runners AC	01:40:28
13	Piers Serjeant	M45-54	Riverside Runners	01:40:53
14	Vittorio Paci	M45-54	Bedford Harriers	01:43:02
15	Simon Harper	M45-54	Bedford & County Ac	01:43:51
16	James Nichols	M35-44	East London Runners	01:45:09
17	Jo Windrum	F35-44	Rugby and Northampton AC	01:46:44
18	Roy Wildman	M55-64		01:46:55
19	Hayley Bond	F45-54	Riverside Runners	01:47:42
20	Daniel Breydin	M35-44		01:47:50
21	Billy Fadden	MSenior	Bedford Harriers	01:48:02
22	Adam Hill	MSenior		01:48:52
23	Steven Church	M45-54	Huntingdonshire Ac	01:49:03
24	Rob Mead	MSenior		01:49:55
25	Joe Johnson	M45-54	Birkenhead Athletic Club	01:52:24
26	Alice Tellett	F35-44		01:54:44
27	Nigel Jeff	M55-64		01:55:11
28	Chris Conway	M45-54	Wellingborough & District AC	01:55:54
29	Mark Collins	M35-44	Wellingborough & District AC	01:56:25
30	Marianne Williamson	F45-54	Bedford Harriers	01:57:07
31	Caroline Frith	F45-54	East London Runners	01:57:30
32	Chris Brown	M35-44	Wellingborough & District AC	01:58:25
33	Gary Barnes	M55-64	Riverside Runners	01:58:28
34	Jacob Stevens	M45-54	East London Runners	01:58:39
35	Bob Wells	M75+	Bedford Harriers	01:58:51
36	Mark Garrett	M55-64	Northampton Road Runners	01:59:25
37	Tony Tsang	M45-54	Fetch Everyone	01:59:45
38	Jerry Pullinger	M65-74	Bedford Harriers	02:02:55
39	Gavin Harris	M35-44	Rugby and Northampton AC	02:03:12
40	Damiano Rossetti	M55-64	Colworth Striders	02:03:25
41	Oliver Jones	M45-54	Bedford Harriers	02:03:33
42	Louise Kemp	F45-54	Wellingborough & District AC	02:03:51
43	Jonathan Langford	M55-64		02:05:32
44	Maurice Hemingway	M65-74	Riverside Runners	02:06:33
45	Gavin Elliott	M45-54	Matlock Athletic Club	02:07:46
46	Divindra Bains	F55-64	Bedford & County Ac	02:08:49
47	Philip Bond	M45-54	Riverside Runners	02:09:28
48	Laura Steed	FSenior	Riverside Runners	02:11:05
49	Stuart Trevallion	M55-64	Colworth Striders	02:12:44
50	Mark Tinkler	M65-74	Bedford Harriers	02:13:25
51	Michael Parks	M55-64	Bedford Harriers	02:14:50
52	Andrew Redden	M35-44	Wellingborough & District AC	02:15:48
53	Martin Newton	M45-54	Wellingborough & District AC	02:17:04
54	Nick Atkins	M35-44		02:17:05
55	Simeï Snyman	FSenior		02:18:33

56	Bill Shingleton	M45-54	Colworth Striders	02:18:33
57	Michael Martin	M55-64	Bedford Run Club	02:19:34
58	Kirsty Jones	F35-44	Bedford Harriers	02:19:46
59	James Paull	MSenior		02:20:32
60	Jack Symonds	MSenior		02:20:33
61	Eva Kovacs	F45-54	Bedford Harriers	02:20:53
62	Alan Mutch	M55-64	Desborough And Rothwell Running Club	02:21:08
63	Darren Baldwin	M55-64	Northampton Road Runners	02:22:11
64	Kris Gordon	M45-54		02:23:39
65	Steve Prior	M55-64	Northampton Road Runners	02:25:12
66	Richard Ogborne	M45-54	Higham Harriers	02:25:13
67	Michael Wilson	M55-64	East London Runners	02:25:17
68	Christopher Collett	M35-44		02:26:02
69	Niki Serjeant	F55-64	Riverside Runners	02:26:17
70	Sarah Ellwood	F45-54		02:27:16
71	Catriona Hoult	F45-54	East London Runners	02:27:17
72	Carole Lambert	F45-54		02:29:37
73	Wendy Ambrose	F55-64		02:29:50
74	Elaine Palmer	F55-64	Northampton Road Runners	02:32:16
75	Chris Beard	M45-54	100 Marathon Club	02:35:31
76	John O'brien	M55-64	East London Runners	02:36:11
77	H Hadziabic	M45-54	Sunlight Runners	02:37:50
78	Ian Mcneill	M65-74	Birkenhead Athletic Club	02:39:14
79	Fiona Critchley	F55-64	East London Runners	02:39:30
80	Stuart Bullard	M45-54	Bedford Harriers	02:41:52
81	Sally Ward	F45-54	Team Balancise	02:42:31
82	Simon Green	MSenior	Riverside Runners	02:42:32
83	K Jones	MSenior		02:43:57
84	Samantha Byers	F35-44	Riverside Runners	02:44:11
85	Lynda Rowse	F55-64	Diamond Runners	02:44:27
86	Suzanne Baldwin	F55-64	Northampton Road Runners	02:44:28
87	Melanie Joy	F35-44	Bedford Harriers	02:45:52
88	Angela Stango	F35-44	Bedford Harriers	02:46:00
89	Claire Lathall	F35-44	Diamond Runners	02:46:02
90	Elaine Fullard	F55-64	Bedford Harriers	02:46:02
91	Sally Johnston	F55-64		02:46:04
92	P Hadziabic	F55-64	Sunlight Runners	02:48:13
93	Andrew Kemp	M45-54	Colworth Striders	02:48:51
94	Steve Crane	M65-74	Bedford Harriers	02:50:20
95	Joanna Prigmore	F45-54		02:52:34
96	Gary Denton	M55-64	Bedford Harriers	02:55:35
97	Elizabeth King	F45-54	Bedford Run Club	02:55:35
98	Rebecca Mutlow	F35-44	Riverside Runners	02:59:21
99	Barbara Reading	F75+	Riverside Runners	03:01:51
100	Clare Hadley	F45-54		03:02:45
101	Louise Millar	F45-54		03:02:46
102	Alexandra Rutishauser-Perera	F45-54	East London Runners	03:05:28
103	Diana Rexhepaj	F45-54	East London Runners	03:05:28
104	Catherine Hemingway	FSenior	Riverside Runners	03:07:27
105	Tina Pass	F35-44	Valley Hill Runners	03:11:20
106	Judith Mallon	F55-64	Valley Hill Runners	03:11:21
107	Ian Kingstone	M55-64	Bedford Harriers	03:12:38
108	Lorraine Fussey	F55-64	Istanbul Expat Runners	03:13:34
109	Sally Garrett	F55-64	Northampton Road Runners	03:14:04
110	Theresa Clark	F55-64	Diamond Runners	03:14:34
111	Peter Campbell	M35-44		03:22:12
112	Andy Hoddle	M55-64	100 Marathon Club	03:22:16

2023 Colworth Half Marathon - Award Winners

Individual		
MEN - OPEN 1st	Thomas Grimes	01:28:55
MEN - OPEN 2nd	Neil Shorten	01:30:51
MEN - OPEN 3rd	Ryan Murphy	01:31:01
MEN - 35-44	Paul Huckle	01:39:05
MEN - 45-54	Jon Kemp	01:38:30
MEN - 55-64	Tony Letts	01:31:56
MEN - 65-74	Jerry Pullinger	02:02:55
MEN - 75+	Bob Wells	01:58:51
WOMEN - OPEN 1st	Rachel Doherty	01:34:23
WOMEN - OPEN 2nd	Katie Godof	01:40:28
WOMEN - OPEN 3rd	Jo Windrum	01:46:44
WOMEN - 35-44	Alice Tellett	01:54:44
WOMEN - 45-54	Hayley Bond	01:47:42
WOMEN - 55-64	Divindra Bains	02:08:49
WOMEN - 65-74		
WOMEN - 75+	Barbara Reading	03:01:51

2023 Colworth Marathon Challenge - 23rd to 25th June

Pos	Name	Category	Club	Five	Trail	Half	Time
1	Thomas Grimes	M35-44	East London Runners	00:28:16	00:51:52	01:28:55	02:49:03
2	Neil Shorten	M45-54	Riverside Runners	00:29:42	00:52:35	01:30:51	02:53:08
3	Ryan Murphy	MSenior		00:30:38	00:53:44	01:31:01	02:55:23
4	Tony Letts	M55-64	Northampton Road Runners	00:30:54	00:53:25	01:31:56	02:56:15
5	Rachel Doherty	FSenior	Higham Harriers	00:31:24	00:55:19	01:34:23	03:01:06
6	Ben Schofield	MSenior	Bedford Harriers	00:31:40	00:56:25	01:36:38	03:04:43
7	Matthew Studd	M35-44	Riverside Runners	00:29:51	00:55:46	01:40:00	03:05:37
8	Adam Harris	MSenior	Riverside Runners	00:31:42	00:56:59	01:37:31	03:06:12
9	Greg Macdonald	M45-54	Wellingborough & District AC	00:32:27	00:56:16	01:38:49	03:07:32
10	Jon Kemp	M45-54	Wellingborough & District AC	00:33:55	00:57:26	01:38:30	03:09:51
11	Katie Godof	F45-54	Olney Runners AC	00:32:50	00:56:48	01:40:28	03:10:06
12	Piers Serjeant	M45-54	Riverside Runners	00:33:03	00:58:07	01:40:53	03:12:03
13	Vittorio Paci	M45-54	Bedford Harriers	00:32:28	00:57:43	01:43:02	03:13:13
14	James Nichols	M35-44	East London Runners	00:32:00	00:59:05	01:45:09	03:16:14
15	Billy Fadden	MSenior	Bedford Harriers	00:29:01	01:01:32	01:48:02	03:18:35
16	Steven Church	M45-54	Huntingdonshire Ac	00:32:46	00:58:37	01:49:03	03:20:26
17	Roy Wildman	M55-64		00:35:38	01:02:31	01:46:55	03:25:04
18	Hayley Bond	F45-54	Riverside Runners	00:35:22	01:02:02	01:47:42	03:25:06
19	Jo Windrum	F35-44	Rugby and Northampton AC	00:34:24	01:04:31	01:46:44	03:25:39
20	Joe Johnson	M45-54	Birkenhead Athletic Club	00:34:31	01:02:00	01:52:24	03:28:55
21	Adam Hill	MSenior		00:33:49	01:06:50	01:48:52	03:29:31
22	Daniel Breydin	M35-44		00:39:01	01:03:41	01:47:50	03:30:32
23	Chris Conway	M45-54	Wellingborough & District AC	00:35:42	01:04:54	01:55:54	03:36:30
24	Alice Tellett	F35-44		00:37:06	01:06:29	01:54:44	03:38:19
25	Marianne Williamson	F45-54	Bedford Harriers	00:37:50	01:07:52	01:57:07	03:42:49
26	Jacob Stevens	M45-54	East London Runners	00:37:24	01:08:55	01:58:39	03:44:58
27	Caroline Frith	F45-54	East London Runners	00:39:48	01:08:40	01:57:30	03:45:58
28	Bob Wells	M75+	Bedford Harriers	00:39:40	01:08:21	01:58:51	03:46:52
29	Mark Garrett	M55-64	Northampton Road Runners	00:38:16	01:09:47	01:59:25	03:47:28
30	Tony Tsang	M45-54	Fetch Everyone	00:36:36	01:11:16	01:59:45	03:47:37
31	Gary Barnes	M55-64	Riverside Runners	00:43:09	01:06:26	01:58:28	03:48:03
32	Jerry Pullinger	M65-74	Bedford Harriers	00:38:48	01:07:55	02:02:55	03:49:38
33	Jonathan Langford	M55-64		00:37:28	01:07:09	02:05:32	03:50:09
34	Gavin Harris	M35-44	Rugby and Northampton AC	00:38:43	01:09:34	02:03:12	03:51:29
35	Louise Kemp	F45-54	Wellingborough & District AC	00:38:33	01:09:59	02:03:51	03:52:23
36	Oliver Jones	M45-54	Bedford Harriers	00:36:17	01:12:36	02:03:33	03:52:26
37	Damiano Rossetti	M55-64	Colworth Striders	00:39:09	01:10:29	02:03:25	03:53:03
38	Gavin Elliott	M45-54	Matlock Athletic Club	00:38:08	01:11:02	02:07:46	03:56:56
39	Stuart Trevallion	M55-64	Colworth Striders	00:36:50	01:08:59	02:12:44	03:58:33
40	Maurice Hemingway	M65-74	Riverside Runners	00:40:40	01:13:30	02:06:33	04:00:43
41	Michael Parks	M55-64	Bedford Harriers	00:41:51	01:13:51	02:14:50	04:10:32
42	Divindra Bains	F55-64	Bedford & County Ac	00:44:01	01:19:04	02:08:49	04:11:54
43	Nick Atkins	M35-44		00:40:12	01:15:30	02:17:05	04:12:47
44	Martin Newton	M45-54	Wellingborough & District AC	00:42:13	01:13:31	02:17:04	04:12:48
45	Michael Martin	M55-64	Bedford Run Club	00:39:45	01:14:16	02:19:34	04:13:35
46	Bill Shingleton	M45-54	Colworth Striders	00:39:27	01:15:54	02:18:33	04:13:54
47	Simeï Snyman	FSenior		00:41:35	01:15:00	02:18:33	04:15:08
48	Mark Tinkler	M65-74	Bedford Harriers	00:44:52	01:18:21	02:13:25	04:16:38
49	Darren Baldwin	M55-64	Northampton Road Runners	00:40:36	01:16:05	02:22:11	04:18:52
50	Alan Mutch	M55-64	Desborough And Rothwell Running Club	00:42:38	01:19:17	02:21:08	04:23:03
51	Steve Prior	M55-64	Northampton Road Runners	00:43:47	01:16:56	02:25:12	04:25:55
52	Kirsty Jones	F35-44	Bedford Harriers	00:44:45	01:21:31	02:19:46	04:26:02
53	Kris Gordon	M45-54		00:42:54	01:20:33	02:23:39	04:27:06
54	Richard Ogborne	M45-54	Higham Harriers	00:41:57	01:19:57	02:25:13	04:27:07
55	Sarah Ellwood	F45-54		00:42:13	01:17:44	02:27:16	04:27:13
56	Christopher Collett	M35-44		00:43:50	01:19:55	02:26:02	04:29:47
57	Michael Wilson	M55-64	East London Runners	00:41:54	01:23:06	02:25:17	04:30:17
58	H Hadziabic	M45-54	Sunlight Runners	00:40:18	01:13:41	02:37:50	04:31:49
59	Eva Kovacs	F45-54	Bedford Harriers	00:47:50	01:23:38	02:20:53	04:32:21
60	John O'brien	M55-64	East London Runners	00:41:28	01:20:40	02:36:11	04:38:19
61	Carole Lambert	F45-54		00:45:19	01:23:42	02:29:37	04:38:38
62	Wendy Ambrose	F55-64		00:42:21	01:29:47	02:29:50	04:41:58
63	Elaine Palmer	F55-64	Northampton Road Runners	00:45:32	01:24:11	02:32:16	04:41:59
64	Niki Serjeant	F55-64	Riverside Runners	00:50:45	01:25:22	02:26:17	04:42:24
65	Ian Mcneill	M65-74	Birkenhead Athletic Club	00:42:48	01:20:51	02:39:14	04:42:53
66	K Jones	MSenior		00:42:37	01:18:20	02:43:57	04:44:54
67	Chris Beard	M45-54	100 Marathon Club	00:47:35	01:23:10	02:35:31	04:46:16
68	Fiona Critchley	F55-64	East London Runners	00:45:22	01:24:05	02:39:30	04:48:57
69	Simon Green	MSenior	Riverside Runners	00:42:57	01:29:44	02:42:32	04:55:13
70	Stuart Bullard	M45-54	Bedford Harriers	00:47:28	01:30:59	02:41:52	05:00:19
71	Samantha Byers	F35-44	Riverside Runners	00:43:09	01:33:12	02:44:11	05:00:32
72	Lynda Rowse	F55-64	Diamond Runners	00:47:00	01:32:09	02:44:27	05:03:36
73	Suzanne Baldwin	F55-64	Northampton Road Runners	00:48:29	01:32:10	02:44:28	05:05:07
74	P Hadziabic	F55-64	Sunlight Runners	00:48:09	01:29:31	02:48:13	05:05:53
75	Angela Stango	F35-44	Bedford Harriers	00:47:53	01:34:29	02:46:00	05:08:22

76	Steve Crane	M65-74	Bedford Harriers	00:49:33	01:29:42	02:50:20	05:09:35
77	Claire Lathall	F35-44	Diamond Runners	00:50:36	01:33:18	02:46:02	05:09:56
78	Sally Ward	F45-54	Team Balancise	00:43:56	01:46:22	02:42:31	05:12:49
79	Melanie Joy	F35-44	Bedford Harriers	00:53:37	01:33:29	02:45:52	05:12:58
80	Elaine Fullard	F55-64	Bedford Harriers	00:53:18	01:34:38	02:46:02	05:13:58
81	Andrew Kemp	M45-54	Colworth Striders	00:53:26	01:36:23	02:48:51	05:18:40
82	Gary Denton	M55-64	Bedford Harriers	00:50:22	01:35:48	02:55:35	05:21:45
83	Rebecca Mutlow	F35-44	Riverside Runners	00:52:54	01:35:43	02:59:21	05:27:58
84	Alexandra Rutishauser-Perera	F45-54	East London Runners	00:49:26	01:34:14	03:05:28	05:29:08
85	Elizabeth King	F45-54	Bedford Run Club	00:58:31	01:37:30	02:55:35	05:31:36
86	Ian Kingstone	M55-64	Bedford Harriers	00:48:05	01:33:08	03:12:38	05:33:51
87	Louise Millar	F45-54		00:53:12	01:41:21	03:02:46	05:37:19
88	Clare Hadley	F45-54		00:53:17	01:41:20	03:02:45	05:37:22
89	Catherine Hemingway	F55-64	Riverside Runners	00:48:49	01:42:06	03:07:27	05:38:22
90	Diana Rexhepaj	F45-54	East London Runners	00:55:15	01:41:56	03:05:28	05:42:39
91	Barbara Reading	F75+	Riverside Runners	00:58:16	01:45:17	03:01:51	05:45:24
92	Tina Pass	F35-44	Valley Hill Runners	00:52:46	01:47:50	03:11:20	05:51:56
93	Judith Mallon	F55-64	Valley Hill Runners	00:52:46	01:47:50	03:11:21	05:51:57
94	Theresa Clark	F55-64	Diamond Runners	00:53:54	01:43:33	03:14:34	05:52:01
95	Lorraine Fussey	F55-64	Istanbul Expat Runners	00:58:41	01:43:58	03:13:34	05:56:13
96	Sally Garrett	F55-64	Northampton Road Runners	01:02:26	01:54:27	03:14:04	06:10:57
97	Peter Campbell	M35-44		00:57:48	01:52:08	03:22:12	06:12:08
98	Andy Hoddle	M55-64	100 Marathon Club	01:20:36	02:00:48	03:22:16	06:43:40

2023 Colworth Marathon Challenge - Award Winners

Individual		
MEN - OPEN 1st	Thomas Grimes	02:49:03
MEN - OPEN 2nd	Neil Shorten	02:53:08
MEN - OPEN 3rd	Ryan Murphy	02:55:23
MEN - 35-44	Matthew Studd	03:05:37
MEN - 45-54	Greg Macdonald	03:07:32
MEN - 55-64	Tony Letts	02:56:15
MEN - 65-74	Jerry Pullinger	03:49:38
MEN - 75+	Bob Wells	03:46:52
WOMEN - OPEN 1st	Rachel Doherty	03:01:06
WOMEN - OPEN 2nd	Katie Godof	03:10:06
WOMEN - OPEN 3rd	Hayley Bond	03:25:06
WOMEN - 35-44	Jo Windrum	03:25:39
WOMEN - 45-54	Marianne Williamson	03:42:49
WOMEN - 55-64	Divindra Bains	04:11:54
WOMEN - 65-74		
WOMEN - 75+	Barbara Reading	05:45:24
Mick Clark Award	Caroline Frith	

Female Teams				
Pos	Team	Name	Position	Score
1	Bedford Harriers	Marianne Williamson	25	136
		Kirsty Jones	52	
		Eva Kovacs	59	
2	Riverside Runners	Hayley Bond	18	153
		Niki Serjeant	64	
		Samantha Byers	71	
3	East London Runners	Caroline Frith	27	179
		Fiona Critchley	68	
		Alexandra Rutishauser-Perera	84	
4	Northampton Road Runners	Elaine Palmer	63	232
		Suzanne Baldwin	73	
		Sally Garrett	96	
5	Diamond Runners	Lynda Rowse	72	243
		Claire Lathall	77	
		Theresa Clark	94	

Male Teams				
Pos	Team	Name	Position	Score
1	Riverside Runners	Neil Shorten	2	17
		Matthew Studd	7	
		Adam Harris	8	
2	Bedford Harriers	Ben Schofield	6	34
		Vittorio Paci	13	
		Billy Fadden	15	
3	East London Runners	Thomas Grimes	1	41
		James Nichols	14	
		Jacob Stevens	26	
4	Wellingborough & District AC	Greg Macdonald	9	42
		Jon Kemp	10	
		Chris Conway	23	
5	Northampton Road Runners	Tony Letts	4	82
		Mark Garrett	29	
		Darren Baldwin	49	
6	Colworth Striders	Damiano Rossetti	37	122
		Stuart Trevallion	39	
		Bill Shingleton	46	